

BEWE module CPD questions

1. Erosive tooth wear is a combination of:

- a) **Erosion, abrasion and attrition**
- b) Erosion, abrasion and caries
- c) Erosion, periodontal disease and caries
- d) Erosion and attrition

2. Which of the following is true for Erosive tooth wear (ETW) :

- a) Acid produced originates from the bacteria in dental plaque reacting with dietary sugars
- b) Acid produced originates only from intrinsic sources
- c) **Generally occurs on plaque free dental hard tissue surfaces**
- d) Generally occurs on dental hard tissues covered in plaque

3. Which minerals can help to reharder enamel after an acidic challenge?

- a) Potassium and fluoride
- b) **Fluoride and calcium**
- c) Calcium and strontium
- d) Calcium and potassium

4. Which teeth are key to monitor closely for signs of ETW?

- a) Maxillary lateral incisors and upper second molars
- b) Upper second molars and lower first molars
- c) Lower first molars and lower canines
- d) **Maxillary central incisors and lower first molars**

5. What proportion of mid morning snacks in the UK are fruit?

- a) 10%
- b) 25%
- c) **33%**
- d) 40%

BEWE CPD module questions

6. Which BEWE score would be assigned to signs of hard tissue loss $\geq 50\%$?

- a) 0
- b) 1
- c) 2
- d) 3**

7. What is the best advice for patients around fruit consumption?

- a) Eat as much fruit as you like, but with meals**
- b) Eat as much fruit as you like throughout the day
- c) Patients with ETW should restrict fruit intake to once a day
- d) Patients with ETW should avoid all fruit intake

8. Which of the following are correct about the BEWE?

- a) It records the most severe tooth in every quadrant
- b) It records the most severe tooth in every sextant**
- c) It should be only recorded in patients with signs of erosive tooth wear
- d) It cannot be used on children

9. Which of the following are outlined as potential signs of active erosive tooth wear?

- a) Unstained surfaces**
- b) Stained surfaces
- c) Softened surface
- d) Smooth and rounded features

10. What is the average treatment time for full mouth restoration for erosive tooth wear?

- a) 3-6 months
- b) 6-9 months
- c) 12-18 months
- d) 18-24 months**